

Run, Bike or Hike

August 25, 2012

Lake Linville - Mt. Vernon KY

5K Run by the Lake

- 1 Justin Houk 18.47
- 2 Steven Richardson 18.56
- 3 Clay Bowling 19.03
- 4 Christopher Miller 20.10
- 5 James Bullen 20.26
- 6 Charles Bullen 20.39
- 7 Jason Todd 21.19
- 8 Alyssa Cox 21.22
- 9 Eric Baldwin 22.22
- 10 Steve Wilson 22.45
- 11 David Turpin 22.58
- 12 Shannon Peavie 23.62
- 13 Sierra Mercer 23.04
- 14 Jenna Elsworth 23.27
- 15 Ricky Lane 23.36
- 16 Kelly Grigson 23.41
- 17 Russell Woods 24.10
- 18 Teresa Hamilton 24.13
- 19 Mike Lee 24.16
- 20 Anthony Mazurek 24.25
- 21 Rachelle Wood 24.28
- 22 Becky Hardwick 24.32
- 23 Roger Proctor 24.39
- 24 Bobbie Perkins 25.09
- 25 Kayla McClure 25.13
- 26 John York 26.05
- 27 David Anderson 26.13
- 28 Rodney Mullins 26.30
- 29 Twila Burdette 26.31
- 30 Kimberly Hamilton 26.46
- 31 Lacey Cundiff 26.57
- 32 Dustin Poynter 26.58
- 33 Jim Cason 27.07
- 34 Kim Hulett 27.18
- 35 Kendra Mitchell 27.19
- 36 Erin Kimla 27.33
- 37 Fannie Blevins 27.34
- 38 Regina Blevins 28.36
- 39 Michael Saunders 28.50

Rockcastle Duathlon

3.1 mile run, 16.7 mile ride, 2.2 mile run

- 1 Bryan Elser 1.19.15
- 2 Tim Brett 1.20.32
- 3 Lewis Jackson 1.21.48
- 4 Rodney Wesley 1.22.38
- 5 Adam Bourne 1.23.02
- 6 Sean Cundiff 1.25.24
- 7 Duncan Mackie 1.26.23
- 8 Kevin Black 1.26.49
- 9 Gary Minter 1.28.42
- 10 Jeff Walls 1.29.46
- 11 James Messer 1.32.14
- 12 John St. Onge 1.38.18
- 13 Michael Saich 1.42.16
- 14 Ed Talbott 1.44.22
- 15 David Grigson 1.45.29
- 16 Tim Edwards 1.45.43
- 17 Michael Greene 1.45.50
- 18 Tim Sweet 1.46.03
- 19 Josh Blaylock 1.46.24
- 20 Willis Coffey 1.47.13
- 21 Patrick Jenkins 1.47.18
- 22 Gill Hunter 1.51.10
- 23 Vance Mitchell 1.51.35
- 24 John McQueary 1.52.10
- 25 Walter Jones 1.52.59
- 26 Rebecca Emmons 1.54.38
- 27 Shannon Burton 1.55.20
- 28 Charles Nesloney 1.56.11
- 29 Tim Sayers 1.58.13
- 30 Gina Smith 2.00.40
- 31 Emily Fogg 2.00.44
- 32 Ken Shackelford 2.03.00
- 33 Lee Cain 2.05.20
- 34 Richard Heuer 2.05.25
- 35 Rachel Cain 2.05.29
- 36 David Zwick 2.05.54
- 37 Nathan DeWall 2.07.17

40 Cheryl Mullins 28.52
41 Angela Todd 28.59
42 Chris Fogg 29.01
43 Danielle Arnold 29.05
44 Miranda Bullock-Davidson 29.42
45 Tommy Hayes 29.55
46 LaWanda Carr 30.01
47 Heather York 30.08
48 Amy Yates 30.08
49 Aidan Thompson 30.02
50 Scott Thompson 30.23
51 Deanna Lee 30.37
52 Misty Blaylock 30.42
53 Lori Sullivan 30.49
54 Audy Faulkner 30.50
55 Todd Kirkpatrick 31.21
56 Marcia Cain 31.22
57 Charla Sands 31.23
58 Daniel Garland 31.24
59 Gina Baldwin 31.39
60 Courtney Turpin 31.44
61 Charon Burton 32.19
62 JD Hamilton 32.21
63 Rhonda Childress 32.29
64 Benjamin Daniel 32.53
65 Gail Gastineau 33.21
66 Doreen St. Onge 33.29
67 JoAnn Clemmons 33.43
68 Kerrie Dehorty 33.44
69 Mary Henderlight 34.17
70 Evelyn Barker 34.32
71 Karen Bewbauer 34.54
72 Jennifer Haywood 34.55
73 Sandy McClure 35.10
74 Janetta Clemmons 35.11
75 Walter Norris 35.27
76 Trevor Hemsley 35.51
77 Heidi Blevins 36.13
78 Luke Peavie 36.25
79 Tiffany Embry 37.54
80 Heather Shepherd 37.55
81 Monica Martin 38.19
82 Tina Nance 39.25
83 Kristen Clouse 39.26
84 Amanda Moore 39.32

38 Solange Heuer 2.07.30
39 Natasha Henley 2.09.27
40 Monica Jones 2.12.01
41 Jackie Dennis 2.16.54
42 David Fleming 2.22.02
43 Alice DeWall 2.28.27
44 Ron White 2.32.39

85 Ramona Hiatt 39.43
86 Virginia Parson 43.37
87 Garrett Hamilton 49.09
88 Melissa Hemsley 45.18
89 Rhonda Anderson 45.22