

Run, Bike or Hike

August 16, 2014

Lake Linville - Mt. Vernon KY

DUATHLON

	First Name	Last Name	Gender	Age	Time
1	David	Hays	M	33	1.21.58
2	Tim	Brett	M	40	1.23.35
3	John	Anderson	M	24	1.28.34
4	Morten	Lillelund	M	48	1.30.51
5	Tim	Bailey	M	56	1.33.54
6	Mike	Saich	M	44	1.36.38
7	Rodney	Hines	M	41	1.37.06
8	Monty	Major	M	48	1.39.12
9	Josh	Haynes	M	31	1.40.09
10	Rikus	Van Zyl	M	21	1.40.34
11	Charles	Bullen	M	46	1.41.14
12	Patrick	Jenkins	M	52	1.43.56
13	Mike	Lee	M	43	1.44.19
14	Marc	Weitlauf	M	38	1.45.46
15	Josh	Blaylock	M	31	1.45.47
16	Tim	Sweet	M	44	1.46.16
17	Kevin	Bullen	M	34	1.47.06
18	Tim	Helmers	M	50	1.48.05
19	Teresa	Hamilton	F	41	1.48.34
20	Riaan	Van Zyl	M	64	1.49.02
21	Casey	Heath	M	43	1.49.27
22	Michelle	Weitlauf	F	40	1.51.06
23	Timothy	Burdett	M	43	1.51.15
24	Shannon	Burton	M	43	1.52.05
25	Becky	Hardwick	F	40	1.53.52
26	David	Zwick	M	75	1.54.52
27	Ken	Shackelford	M	42	1.58.26
28	Kim	Hulett	F	49	1.58.53
29	Harold	Best	M	42	1.59.16
30	Louisa	Summers	F	46	2.06.17
31	Jackie	Dennis	M	52	2.07.54
32	David	Jackson	M	51	2.07.59

RUNNERS

	First Name	Last Name	Gender	Age	Time
1	Parker	Frame	M	15	18.47
2	Hunter	Hawkins	M	13	19.05
3	Ronny	McClure	M	27	20.25
4	Robert	Crawford	M	27	20.34
5	Harper	Smith	M	53	20.36
6	Dylan	Bullen	M	12	21.18
7	James	Bullen	M	52	21.25

DUATHLON AGE GROUP WINNERS

Overall Male	Overall Female
David Hays 1:21.58	Teresa Hamilton 1:48.34
16-24	35-44
1. Rikus VanZyl	1. Michelle Weitlauf
	2. Becky Hardwick
25 - 34	45-54
1. John Anderson	1. Kim Hulett
2. Josh Haynes	2. Louisa Summers
3. Josh Blaylock	
35-44	
1. Tim Brett	
2. Mike Saich	
3. Rodney Hines	
45-54	
1. Morten Lillelund	
2. Monty Major	
3. Charles Bullen	
55+	
1. Tim Bailey	
2. Riaan VanZyl	
3. David Zwick	

5K AGE GROUP WINNERS

FEMALES	MALES
Overall Female	Overall Male
Tabitha Bell 21:55	Parker Frame 18:47
12-under	12 -under
1. Hannah Davis	1. Dylan Bullen
2. Jenna Wells	2. Aidan Thompson

8	Richard	Birney	M	39	21.55	3.	Kelsie Peavler	
9	Tabitha	Bell	F	40	22.15			13-17
10	Morgan	Bottoms	M	51	22.23		13-17	1. Hunter Hawkins
11	Michiel	Van Zyl	M	19	22.45	1.	Lanna Prewitt	
12	Kyle	Slavey	M	22	23.32	2.	Rachel Cain	18-24
13	Kimberly	Hamilton	F	42	23.36	3.	Julia Manning	1. Michiel VanZyl
14	Macon	Smith	M	26	24.21			2. Kyle Slavey
15	Dustin	Tuggle	M	29	24.51		18-24	3. Julius Green
16	Stephanie	Hines	F	41	24.57	1.	Chelsie Hasty	
17	Lanna	Prewitt	F	15	25.25.23	2.	Taylor Elam	25-29
18	Rachel	Cain	F	16	25.25.51	3.	Emily Denny	1. Ronny McClure
19	Russell	Manning	M	45	25.25.83			2. Robert Crawford
20	Todd	Kirkpatrick	M	49	25.39		25-29	3. Macon Smith
21	Tommy	Craft	M	44	25.54	1.	Brittany McClure	
22	David	Anderson	M	50	26.03			30-34
23	Rodney	Mullins	M	45	26.29		30-34	1. Dackery Larkey
24	Jeremy	Ray	M	35	26.43	1.	Tiffany Ray	
25	Jeremy	Ellis	M	35	26.50.04	2.	Nikki Bullen	35-39
26	Matt	Kendrick	M	41	26.50.51	3.	Chelsen Larkey	1. Richard Birney
27	Trevor	Hemsley	M	47	27.07.21			2. Jeremy Ray
28	Troy	Burns	M	50	27.07.62		35-39	3. Jeremy Ellis
29	Julia	Manning	F	17	27.17	1.	Bobbie Perkins	
30	Emily	Jones	F	16	27.18.19	2.	Shannon Denny	40-44
31	Melanie	Manning	F	17	27.18.51	3.	Sherry Peavler	1. Tommy Craft
32	Tiffany	Ray	F	30	27.24			2. Matt Kendrick
33	Cheryl	Mullins	F	45	27.26		40-44	3. Marcus Carmicle
34	Aidan	Thompson	M	11	27.35	1.	Kimberly Hamilton	
35	Hannah	Davis	F	12	27.38.09	2.	Stephanie Hines	45-49
36	Bobbie	Perkins	F	38	27.38.78	3.	Deanna Lee	1. Russell Manning
37	Chelsie	Hasty	F	22	27.39.86			2. Todd Kirkpatrick
38	Roger	Proctor	M	57	27.56		45 – 49	3. Rodney Mullins
39	Jimmy	Osborne	M	37	28.30	1.	Cheryl Mullins	
40	Jennifer	Gover	F	50	28.34	2.	Marcia Cain	50-54
41	Julius	Green	M	24	28.35	3.	Kristi Reynolds	1. Harper Smith
42	Alyssa	Cox	F	17	28.40			2. James Bullen
43	Marcus	Carmicle	M	44	28.47		50-54	3. Morgan Bottoms
44	Jimmy	Hall	M	63	28.51	1.	Jennifer Gover	
45	Jon	Martin	M	38	29.15	2.	Jenet Lawler	55-59
46	Neal	Godbey	M	59	29.18	3.	Shari Proctor	1. Roger Proctor
47	Tommy	Hayes	M	52	29.29			2. Neal Godby
48	Janet	Lawler	F	52	29.41		55-59	
49	Shannon	Denny	F	38	30.24.62	1.	Mary Robinson	60-64
50	Robert	Griffin	M	50	30.24.97	2.	Gayle DeBorde	1. Jimmy Hall
51	Marcia	Cain	F	48	30.25			
52	Nikki	Bullen	F	32	30.26		60-64	65-69
53	Sherry	Peavler	F	35	30.27	1.	Susan Haney	1. William Haney
54	Scott	Thompson	M	42	30.36	2.	Ann Abney	
55	Dackery	Larkey	M	32	31.06			70-74
56	William	Haney	M	67	31.14		70-74	1. Jerry Cox

57 Taylor	Elam	F	20	31.23
58 Chelsen	Larkey	F	31	31.29
59 Justin	Crouch	M	29	31.48
60 Audy	Faulkner	M	76	32.12
61 Johnny	Jones	M	53	32.17
62 Emily	Denny	F	24	32.29
63 Daniel	Dobbs	M	29	32.32
64 John	Wells	M	54	32.58
65 Jerry	Cox	M	70	32.59
66 Renee	Turner	F	39	33.12
67 Deanna	Lee	F	43	33.16.48
68 Kristi	Reynolds	F	48	33.16.90
69 Allyson	Crawford	F	21	33.47
70 Brittany	McClure	F	27	33.53
71 Charon	Burton	F	41	33.57
72 Monica	Martin	F	41	34.02.12
73 Tiffany	Kincaid	F	31	34.02.57
74 Shari	Proctor	F	53	34.05
75 Ahenewa	El-Amin	F	40	34.08
76 Tara	Boone	F	34	34.20
77 Roger	Phillips	M	49	34.46.07
78 Becky	Phillips	F	45	34.46.74
79 Courtney	Browning	F	32	35.05
80 Dreama	Hedrick	F	40	35.11
81 Harold	Woodall	M	52	35.37.85
82 Holly	Bryant	F	34	36.15
83 Susan	Haney	F	61	37.12
84 Rhonda	Lockett	F	36	37.32
85 Rhonda	Shackelford	F	44	37.45
86 Mary	Robinson	F	59	39.20
87 Ann	Abney	F	64	40.05
88 Jenna	Wells	F	10	40.53
89 Debra	Spratt	F	53	41.01
90 Ramona	Hiatt	F	71	42.21
91 Jones	Hiatt	M	74	42.22
92 Gayle	DeBorde	F	55	44.20
93 Kelsie	Peavler	F	7	46.15
94 Annette	Lawrence	F	50	50.06
95 Carolyn	Collins	F	63	54.46

1. Ramona Hiatt

2. Jones Hiatt

75+

1. Audy Faulkner

WALKERS

First Name	Last Name	Gender	Age	Time
1 Karen	Wilson	F	56	26.16
2 Karin	Van Zyl	F	54	31.11
3 Dana	Edison	F	46	31.49
4 Bonnie	Edison	F	68	31.50
5 Valerie	Kendrick	F	11	34.23.49
6 Jeannie	Kendrick	F	39	34.23.88
7 Kim	McClain	F	54	34.29

FASTEST WALKERS

Fastest Female Walkers	Fastest Male Walker
1. Karen Wilson	1. Walter Norris
2. Karin VanZyl	
3. Dana Edison	

8	Nicole	Nicely	F	23	34.36
9	Doris	Nicely	F	55	34.37
10	Kellie	Burdine	F	39	34.38
11	Erma	Jones	F	44	34.42
12	Kimberly	Manning	F	44	34.43
13	Melinda	Osborne	F	37	35.26
14	Selena	Thompson	F	37	35.27
15	Karen	Parrish	F	56	35.34
16	Nickie	Navarre	F	28	35.36
17	Kristin	Crouch	F	29	35.37.33
18	Tammy	Kirkpatrick	F	45	40.12
19	Gertha	Mink	F	61	40.13
20	Paula	Davis	F	49	40.20
21	Vanessa	Hasty	F	45	40.37
22	Casey	Hasty	F	20	40.38
23	Teresa	Blair	F	45	41.51
24	Emily	Sanders	F	33	41.52
25	Precia	Bowling	F	66	41.53
26	Regina	Elam	F	45	43.12
27	Martha	Cox	F	71	44.11
28	Dayna	Burns	F	48	44.12
29	Walter	Norris	M	61	48.22
30	Cheryl	McClure	F	52	48.29
31	Janet	Wells	F	51	56.14