

# Run, Bike or Hike

August 22, 2015

Lake Linville - Mt. Vernon KY

## DUATHLON

	First Name	Last Name	Gender	Age	Time
1	Rodney	Hines	M	42	1.30.44
2	Bryan	Dyer	M	42	1.36.52
3	Charissa	Phelps	F	34	1.37.58
4	Josh	Blaylock	M	32	1.38.06
5	Ed	Talbott	M	51	1.38.19
6	Mike	Saich	M	45	1.39.45
7	James	Bullen	M	53	1.39.49
8	Danny	Barnes	M	52	1.40.40
9	Kevin	Wooten	M	54	1.42.00
10	Richard	Wright	M	30	1.42.12
11	Libby	Barnes	F	49	1.42.20
12	Tim	Sweet	M	45	1.42.44
13	Tim	Burdette	M	44	1.43.45
14	Teresa	Hamilton	F	42	1.44.21
15	Charles	Bullen	M	47	1.45.11
16	Scott	Lewis	M	38	1.46.20
17	Layne	Brown	M	42	1.47.02
18	Richard	Birney	M	40	1.47.11
19	Lee	Cain	M	53	1.49.18
20	Roger	Todhunter	M	56	1.49.19
21	Stephanie	Hines	F	42	1.50.15
22	Jamie	Sparks	M	36	1.50.18
23	Becky	Hardwick	F	41	1.52.12
24	James	Rose	M	29	1.52.56
25	Ken	Shackelford	M	43	2.00.59
26	Michael	Abrams	M	32	2.01.52
27	Michael	Roark	M	51	2.02.01
28	Seth	Anderson	M	36	2.05.37
29	Brian	Rice	M	47	2.05.46
30	Jackie	Dennis	M	53	2.08.28
31	Louisa	Summers	F	47	2.09.56
32	Monica	Martin	F	42	2.12.25
33	Shannon	Burton	M	44	2.12.52
34	Charon	Burton	F	42	2.12.54
35	Tony	Mazurek	M	50	2.13.05
36	Marcia	Cain	F	49	2.19.34
37	Brandon	Allen	M	46	2.41.12
38	Jenna	Allen	F	29	2.41.14
39	Peter	Hackbert	M	70	2.48.53
40	Robert	Anderson	M	61	2.57.10

## DUATHLON AGE GROUP WINNERS

Male Division	Female Division
<b>Overall Male</b>	<b>Overall Female</b>
1 Rodney Hines	1 Charissa Phelps
<b>25-34</b>	<b>25-34</b>
1 Josh Blaylock	1 Jenna Allen
2 Richard Wright	
3 James Rose	<b>35-44</b>
	1 Teresa Hamilton
<b>35-44</b>	2 Stephanie Hines
1 Bryan Dyer	3 Becky Hardwick
2 Tim Burdett	
3 Scott Lewis	<b>45-54</b>
	1 Libby Barnes
<b>45-54</b>	2 Louisa Summers
1 Ed Talbott	3 Marcia Cain
2 Mike Saich	
3 James Bullen	
<b>55+</b>	
1 Roger Todhunter	
2 Peter Hackbert	
3 Robert Anderson	

**5K RUNNERS**

First Name	Last Name	Gender	Age	Time
1 Ronny	McClure	M	28	18.54
2 James	Gosser	M	15	21.34
3 Harper	Smith	M	54	22.00
4 Jarrett	Foster	M	36	23.03
5 Willis	Coffey	M	49	23.23
6 Macon	Smith	M	28	23.39
7 Walker	Jones	M	17	23.41
8 Tommy	Craft	M	45	24.24
9 Dustin	Poynter	M	25	25.24
10 Jonathon	McKinney	M	11	25.40
11 Roger	Proctor	M	58	25.41
12 Marcus	Carmicle	M	45	25.57
13 Rodney	Mullins	M	46	26.10
14 Toni	McKinney	F	26	26.41
15 Lauren	Burton	F	19	27.21
16 Isaac	Stratton	M	14	27.22
17 Jen	Eich	F	40	27.25
18 Cheryl	Mullins	F	47	27.26
19 Kristi	Cummins-Sparks	F	37	27.44
20 Twila	Burdette	F	43	27.55
21 Sean	Cash	M	11	28.03
22 Erin	Cusick	F	25	28.59
23 Chelsen	Larkey	F	32	29.38
24 Chelsie	Hasty	F	23	29.47
25 Taylor	Elam	F	21	29.49
26 Tiffany	Kincaid	F	32	29.51
27 Cody	Mayfield	M	25	29.58
28 Julie	Ham	F	45	30.18
29 Rhonda	Childress	F	47	31.01
30 Regina	Elam	F	46	31.03
31 Tommy	Hayes	M	55	31.14
32 Neil	Silverthorn	M	41	31.22
33 Amy	Gosser	F	39	31.33
34 Becky	McKinney	F	32	31.42
35 Tammy	Bailey	F	49	31.46
36 Jenny	King	F	34	32.18
37 Tom	Jones	M	53	32.19.86
38 Audy	Faulkner	M	77	32.26.15
39 Erika	McKinney	F	10	32.39.12
40 John	Wells	M	55	32.52.76
41 Kristi	Reynolds	F	49	33.00
42 Shari	Proctor	F	54	33.01
43 Rhonda	Knight	F	55	33.47
44 Jerry	Cox	M	71	34.12
45 Sarah	Smith	F	27	34.20
46 Km	Crawford	F	50	34.36
47 Tara	Boone	F	35	35.09
48 Misty	Blaylock	F	32	35.13
49 Brandy	Bowman	F	26	35.25
50 Ahenewa	El-Amin	F	41	35.50
51 Paige	Cash	F	9	36.22
52 Rhonda	Lockett	F	38	36.39
53 Jones	Hiatt	M	74	40.51
54 Ann	Abney	F	65	41.40
55 Lauren	Lloyd	F	51	41.53
56 Ramona	Hiatt	F	72	42.48

**5K AGE GROUP WINNERS**

Male Division	Female Division
<b>Overall Male</b>	<b>Overall Female</b>
1 Ronny McClure	1 Toni McKinney
<b>12-Under</b>	<b>12-Under</b>
1 Jonathon McKinney	1 Erika McKinney
2 Sean Cash	2 Paige Cash
3 Brady Valentine	
	<b>18-24</b>
<b>13-17</b>	1 Lauren Burton
1 James Gosser	2 Chelsie Hasty
2 Walker Jones	3 Taylor Elam
3 Isaac Stratton	
	<b>25-29</b>
<b>18-24</b>	1 Erin Cusick
1 Macon Smith	2 Sarah Smith
2 Dustin Poynter	3 Brandy Bowman
3 Cody Mayfield	
	<b>30-34</b>
<b>35-39</b>	1 Chelsen Larkey
1 Jarrett Foster	2 Tiffany Kincaid
	3 Becky McKinney
	<b>35-39</b>
<b>40-44</b>	1 Kristi Cummins-Sparks
1 Neil Silverthorn	2 Amy Gosser
	3 Tara Boone
<b>45-49</b>	<b>40-44</b>
1 Willis Coffey	1 Jen Eich
2 Tommy Craft	2 Twila Burdette
3 Marcus Carmicle	3 Ahenewa El-Amin
	<b>45-49</b>
<b>50-54</b>	1 Cheryl Mullins
1 Harper Smith	2 Julie Ham
2 Tom Jones	3 Rhonda Childress
	<b>50-54</b>
<b>55-59</b>	1 Shari Proctor
1 Roger Proctor	2 Kim Crawford
2 Tommy Hayes	3 Lauren Lloyd
3 John Wells	
	<b>55-59</b>
<b>70-74</b>	1 Rhonda Knight
1 Jerry Cox	2 Gayle DeBorde
	<b>60-64</b>
<b>75+</b>	1 Mary Robinson
1 Audy Faulkner	2 Carolyn Collins
2 Jones Hiatt	
3 Leo McMillen	<b>65-69</b>
	1 Ann Abney
	<b>70-74</b>
	1 Ramona Hiatt

57	Leah	Rice	F	32	43.13
58	Anastasia	McKinney	F	29	43.51
59	Gayle	DeBorde	F	56	44.56
60	Mary	Robinson	F	60	45.33
61	Leo	McMillen	M	76	45.49
62	Connie	Taylor	F	43	45.50
63	Samantha	Couch	F	31	50.04
64	Brady	Valentine	M	6	50.10
65	Emily	Valentine	F	31	51.16
66	Carolyn	Collins	F	64	52.20.95
67	Barbara	DeChambeau	F	50	52.21
68	Annette	Lawrence	F	51	54.35
69	Janet	Wells	F	52	54.37
70	Jeff	Tyree			

## 2M WALKERS

1	Walter	Norris	M	62	23.06
2	Karen	Wilson	F	57	24.51
3	Ambrose	Wilson	M	64	26.11
4	Doris	Caldwell	F	58	27.42
5	Wendy	Sowder	F	42	27.50
6	Ken	Pillion	M	54	29.56
7	Jill	Pillion	F	46	29.57
8	Matthew	Bray	M	27	31.16
9	Morgan	Bray	F	26	31.17
10	Rachel	Wright	F	26	32.09
11	Cheryl	McClure	F	53	32.19.08
12	Walter	Durham	M	24	33.37
13	Jesse	Wright	M	27	33.38
14	Rebecca	Durham	F	23	33.40
15	Joshua	Ramsey	M	31	33.46
16	Casey	Hasty	F		33.48
17	Tasha	Ramsey	F	29	33.49
18	Ginger	Cash	F	37	33.59
19	Tiffany	Barron	F	20	34.00
20	Melinda	Osborne	F	38	34.26
21	Emily	Sanders	F	33	34.46.01
22	Teresa	Blair	F	46	34.46.90
23	Rita	Brown	F	39	34.58
24	Michelle	Martin	F	34	34.59
25	Rachel	Denney	F	28	35.00
26	Trevor	Hemsley	M	48	36.56
27	Jimmy	Osborne	M		36.57
28	Danielle	Abed	F	21	37.13
29	Talia	Woodall	F	21	37.14
30	Norma	Hopkins	F	45	37.37
31	Angela	Spencer	F	45	38.54
32	Johnny	Rodriquez	M	60	39.14
33	Cheyenne	Willis	F	23	39.15
34	JoAnna	Albright	F	41	40.36
35	Eldon	Baker	M	72	41.43
36	Regena	Mason	F	44	51.17
37	Nola	Mason	F	46	52.20.47

## FASTEST WALKERS

### Male Division

1	Walter Norris
2	Ambrose Wilson
3	Matthew Bray

### Female Division

1	Karen Wilson
2	Doris Caldwell
3	Wendy Sowder