

B.E. F.A.S.T. for stroke

If you, or someone you know, are experiencing the symptoms of a stroke that came on suddenly, remember B.E. F.A.S.T. and **CALL 911 IMMEDIATELY!**



BALANCE:

Is the person having trouble walking?
Loss of balance or coordination, dizziness.



EYES:

Is the person having trouble seeing?
Change in vision in one or both eyes.



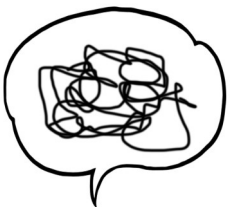
FACE:

Ask the person to smile. Does the smile look even? Face looks uneven, droopy or is numb.



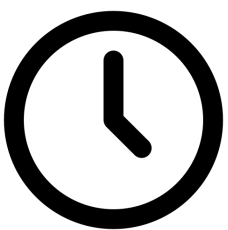
ARM:

Ask the person to raise both arms. Does one arm drop down? Weakness or numbness in one arm or leg.



SPEECH:

Does the person have trouble speaking or seem confused? Slurred or difficult speech.



TIME:

Time lost = Brain lost. Note the time symptoms start and **call 9-1-1 immediately.**

Another symptom could be an unfamiliar or sudden severe headache.